

CHI LakeWood Health

2022 Community Health Implementation Strategy

Adopted November 2022



Table of Contents

At-a-Glance Summary	3
Our Hospital and the Community Served	4
About the Hospital	4
Our Mission	5
Financial Assistance for Medically Necessary Care	5
Description of the Community Served	5
Community Assessment and Significant Needs	6
Significant Health Needs	7
2022 Implementation Strategy	7
Creating the Implementation Strategy	8
Community Health Strategic Objectives	9
Strategies and Program Activities by Health Need	10
Program Highlights	14

At-a-Glance Summary

<p>Community Served</p> 	<p>CHI LakeWood Health, located in Baudette, MN is the primary provider of health care services for residents of Lake of the Woods County, as well as portions of Koochiching, Beltrami, and Roseau counties. Lake of the Woods is a rural County located in northern Minnesota; in fact, it is the northernmost point of the lower 48 states. It is bound on the north by Canada, on the east by Koochiching County, on the south by Beltrami County, and on the west by Roseau County. It has a total area of 1,775 square miles, of which 1,298 square miles is land and 477 square miles is water. Lake of the Woods County population is 3,740 according to 2019 MDH data, and the population of the incorporated cities is: Baudette, 1,030 and Williams 102. Lake of the Woods County is the second least populated county in Minnesota with 3.1 persons per square mile.</p>
<p>Significant Community Health Needs Being Addressed</p> 	<p>The significant community health needs the hospital is helping to address, and that form the basis of this document, were identified in the hospital’s most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <ul style="list-style-type: none"> ● Lack of Health Care Providers ● Substance Abuse ● Mental Health
<p>Strategies and Programs to Address Needs</p> 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <p>Lack of Health Care Providers: Work with CommonSpirit Health recruitment and physician enterprise for expanded support to recruit qualified providers for both primary care (clinic) and emergency care (ER). Explore additional outreach specialist opportunities through collaboration with Sanford Health. Explore options to increase access to same day surgery through collaborations with Altru, Sanford Health, LifeCare Medical Center and other potential facilities.</p> <p>Substance Abuse: Continue to actively participate as a key stakeholder in the Prevention Coalitions Comprehensive Addiction and Recovery Act (CARA) grant working on key initiatives to address substance abuse. Grow collaboration efforts with the coalition in other areas of substance abuse to provide education and awareness.</p> <p>Mental Health: Increase access to mental health services by implementing Senior Life Solutions and promoting onsite Behavioral Health Services. Help enable migration of mental health services with the assistance of the Community Health Worker. Collaborate with local organizations to provide increased awareness when it comes to mental health (services, resources and education).</p>

<p>Anticipated Impact</p> 	<p>Overall, our organization anticipates that actions taken to address significant health needs will increase access and improve the health and wellness for those who are medically underserved. Additionally, we will strengthen our partnerships with local organizations and committees by working together to improve health equity.</p>
<p>Planned Collaboration</p> 	<p>Key partners include Senior Life Solutions (SLS), Lake of the Woods Suicide Awareness and Prevention Committee, Lake of the Woods School, Altru, LifeCare Medical Center, Sanford Health and Lake of the Woods Prevention Coalition.</p>

This document is publicly available online at <https://lakewoodhealthcenter.org/about-us/>.

Written comments on this report can be submitted to the CHI LakeWood Health Marketing and Public Relations Office, 600 Main Ave S., Baudette, MN 56623 or by e-mail to carrie.davidson@commonspirit.org.

Our Hospital and the Community Served

About the Hospital

CHI LakeWood Health (LakeWood) opened in March 1950 as Baudette Community Hospital. It was initially owned by the community and operated by the Sisters of St. Joseph out of Crookston, MN. The hospital was leased to the Sisters of St. Joseph in 1954 and in 1957 the Sisters purchased the hospital and changed the name to Trinity Hospital.

In 1982, the Sisters entered into a management contract with United Health Resources of Grand Forks, ND until they sold the hospital to Franciscan Sisters Health Care, Inc. in 1985. During this time, Trinity Hospital took over management of the Pioneer Nursing Home, the long-term care facility located one mile east of the hospital. In 1986, the hospital acquired the county-owned public health service. Trinity Hospital bought the Pioneer Nursing Home in 1990 and the name was changed to LakeWood Health Center to reflect the coming together of acute care, long-term care (LakeWood Care Center), and home health/public health (LakeWood Nursing Service) under one umbrella.

Catholic Health Corporation of Omaha, Nebraska took over sponsorship of LakeWood in 1993. Two years later they merged with two other large Catholic health care systems to form Catholic Health Initiatives (CHI), our current sponsor, based in Englewood, CO. LakeWood then purchased the ambulance service from Lake of the Woods County in 1996.

LakeWood completed a building and renovation project in 2000 that resulted in all health care services being available on one campus. CHI LakeWood Health is the only hospital, clinic and licensed long term care provider in Lake of the Woods County.

Today, LakeWood is a 15-bed acute-care Critical Access Hospital, which also operates a long term care facility (LakeWood Care Center), rural health clinic (LakeWood Health Center Clinic), public health services (LakeWood Public Health) and the ambulance service (Lake of the Woods Ambulance Service).

In 2019 LakeWood became a member of CommonSpirit Health, one of the largest nonprofit faith-based health systems in the U.S., with more than 1,000 care sites in 21 states coast to coast.

Our Mission

The hospital's dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Vision

Our vision is to provide a healthier future for all inspired by faith, driven by innovation, and powered by our humanity.

Values

Our values are what brings our mission to life and allows for our vision to become reality:

- Compassion • Inclusion • Integrity • Excellence • Collaboration

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.



Description of the Community Served

CHI LakeWood Health is located in Baudette, MN. The service area is defined based on the location and geographic distance to other health care facilities, along with the history

of use by consumers. Lake of the Woods County is a designated Health Provider Shortage Area (HPSA).

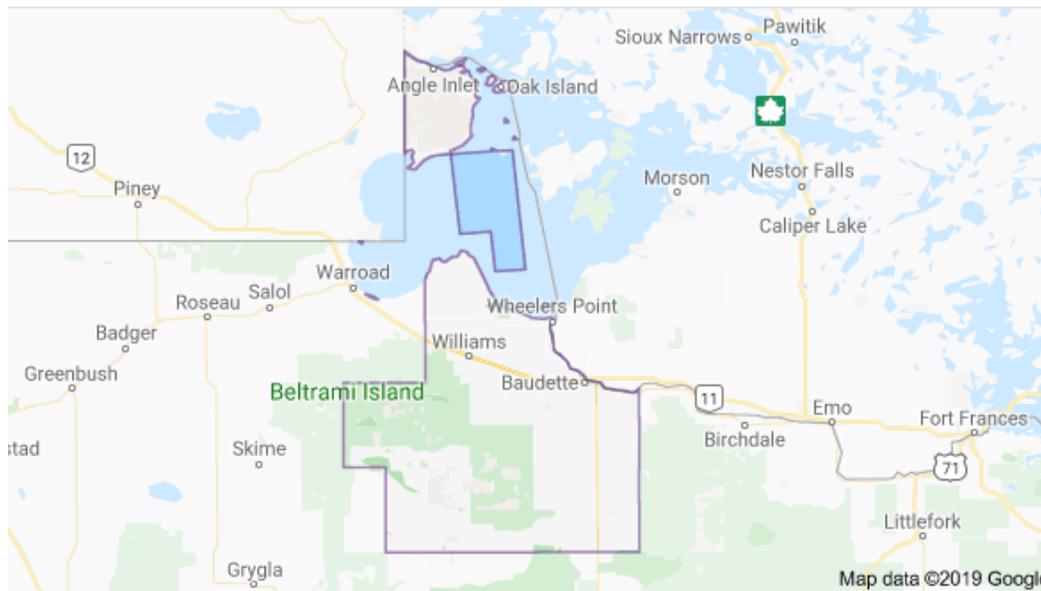
CHI LakeWood Health serves residents of Lake of the Woods County, as well as portions of Koochiching, Beltrami and Roseau counties and neighboring Canada. A summary description of the community is below. Additional details can be found in the CHNA report online.

Lake of the Woods County was founded on January 1, 1923 and was named after the lake that covers a large portion of it. It is a rural county located in northern Minnesota; in fact, it is the northernmost point of the lower 48 states. It is bound on the north by Canada, on the east by Koochiching County, on the south by Beltrami County, and on the west by Roseau County. It has a total area of 1,775 square miles, of which 1,298 square miles is land and 477 square miles is water.

Today, the population of the incorporated cities are: Baudette, 1,030 and Williams 102. According to the MDH, the 2019 Lake of the Woods County population is 3,740, a decrease of 4 residents from 2017 data. It is the second least populated county in Minnesota with 3.1 persons per square miles.

According to the Lake of the Woods County Population by Race, 2019, the racial makeup of Lake of the Woods County is 94.0% white, 1.7% Asian, 1.0% American Indian and 1.6% African American.

Lake of the Woods County



Community Assessment and Significant Needs

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in May 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;

- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available on the hospital’s website or upon request from the hospital, using the contact information in the At-a-Glance Summary.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Lack of Health Care Providers	Need to increase access within the service area to both primary care providers and specialists.	●
Substance Abuse	Drug and alcohol prevention and resources.	●
Mental Health	Access to mental health services, resources and increased education and awareness around mental health.	●
Day Care	Adequate number of childcare providers who are licensed and able to meet the needs of young families.	
Affordable Housing	Increasingly higher cost of housing in our County.	

Significant Needs the Hospital Does Not Intend to Address

Although CHI Lakewood Health recognized the importance of all needs identified by the community, we will not directly design strategies for needs of Day Care and of Affordable Housing due to limits on resources, expertise, or duplication of effort.

2022 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital’s mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Implementation Strategy

The hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

CHI LakeWood Health engaged internal leaders to examine and identify the health needs according to the seriousness of the issue, existing resources, focus area and whether the health need particularly affected persons living in poverty or reflected health disparities. The Community Health Needs Assessment served as the resource document for the review of health needs as it provided statistical data on the severity of issues and also included community input on the health needs. As a result of the review of needs, CHI LakeWood Health chose to focus on: lack of health care providers, substance abuse and mental health. These prioritized needs were validated by the members of the community focus group.



Community Health Strategic Objectives

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.



Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.



Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.

Strategies and Program Activities by Health Need

 Health Need: Lack of Health Care Providers					
Anticipated Impact (Goal)	The hospital's initiative to address the lack of health care providers are anticipated to result in: increased access to primary care providers as well as specialty providers and services.				
Strategy or Program	Summary Description	Strategic Objectives			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Provider Recruitment	<ul style="list-style-type: none"> Continue to work collaboratively with CommonSpirit recruitment for expanded support to recruit qualified providers for both ER and Primary Care. 	•	•		
Regional Healthcare System Collaboration	<ul style="list-style-type: none"> Continue collaboration with Sanford Health for outreach specialist services. Explore opportunities with Altru and LifeCare Medical Center. Evaluate the feasibility of adding additional outreach specialists. Utilize local Community Health Worker to assist and align healthcare resources for community members. 	•	•	•	•
Surgical Collaboration	<ul style="list-style-type: none"> Continue collaborative efforts with Sanford Health and explore opportunities to increase surgical coverage. Explore other surgical opportunities with additional health care facilities such as LifeCare Medical Center. 	•			•
Planned Resources	The hospital will provide resources and funds for recruitment efforts. In addition, they will provide space for outreach				

 Health Need: Lack of Health Care Providers	
	specialists and nurses for surgical days.
Planned Collaborators	CommonSpirit Health Recruitment, Altru, Sanford Health and LifeCare Medical Center.

 Health Need: Substance Abuse					
Anticipated Impact (Goal)	The hospital’s initiatives to address substance abuse are anticipated to result in: increased provider and community knowledge regarding substance abuse and the resources/tools available to decrease the use of alcohol, tobacco and illicit drugs.				
Strategy or Program	Summary Description	Strategic Objectives			
		Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact
Lake of the Woods Prevention Coalition	<ul style="list-style-type: none"> Designate a hospital representative to collaborate and assist in promoting the Lake of the Woods Prevention Coalition activities. Continue to provide space as needed for prevention coalition meetings. 	•		•	•
Comprehensive Addiction and Recovery Act Grant	<ul style="list-style-type: none"> Continue participation as an active stakeholder in the Lake of the Woods CARA Grant. Continue to provide space for meetings with stakeholders. 	•	•	•	•
Substance Abuse Education	<ul style="list-style-type: none"> Support and promote substance abuse education efforts for both the 	•	•	•	•

 Health Need: Substance Abuse					
	community and hospital employees.				
Planned Resources	Provide staff time for collaboration, participation and education with Lake of the Woods Prevention Coalition and the CARA grant activities.				
Planned Collaborators	Lake of the Woods Prevention Coalition and CARA grant stakeholders.				

 Health Need: Mental Health					
Anticipated Impact (Goal)	The hospital's initiatives to address mental health are anticipated to result in: increased access and awareness to reduce barriers to mental health care.				
Strategy or Program	Summary Description	Strategic Objectives			
		Alignment & Integration	Clinical - Community Linkage	Capacity for Equitable Community	Innovation & Impact
Senior Life Solutions	<ul style="list-style-type: none"> Implement Senior Life Solutions: An intensive outpatient group therapy program designed to meet the mental health needs of those 65 and older. Promote the new service to increase awareness and participation. 	•	•	•	•
Behavioral Health Services	<ul style="list-style-type: none"> Promote and grow current behavioral health services and onsite licensed social worker. Collaborate with other organization that have a mission to promote 	•	•	•	•

 Health Need: Mental Health					
	mental health services, resources and education.				
Clinic Community Health Worker	<ul style="list-style-type: none"> Integration of the Community Health Worker to guide individuals to appropriate mental health resources. 	•	•	•	•
Planned Resources	The hospital will provide community health worker, outreach communications, and space for these initiatives.				
Planned Collaborators	The hospital will partner with Senior Life Solutions and LOW Suicide Prevention and Awareness Committee.				

Program Highlights

Senior Life Solutions

Senior Life Solutions is an intensive outpatient group therapy program directed to meet the unique needs of adults ages 65 and older struggling with symptoms of depression and anxiety that can sometimes be age-related.

The program is offered by Psychiatric Medical Care and is designed as a partnership with the hospital so together we can address the needs of our community and improve the quality of life for our seniors.

Hospital partner management services include:

- Day-to-day management
- Telepsychiatry
- Recruiting psychiatrists, RNs, and therapists
- Community outreach
- Ensuring both federal and state compliance
- Cost report analysis
- Ongoing mental health training
- Complete policies and procedures